

ORTHODOX PARISH OF THE ARCHANGEL GABRIEL

Date	Time	Service	Feast/Commemoration	Fasting notes
Friday 1st March	17:30	Vespers (Jesus prayer)	Saint David, Bishop of Wales	Strict fast as usual
	20:00	Evening prayers (on zoom)		
Saturday 2 <sup>nd</sup> March	10:00	Liturgy	Hieromartyr Theodotus, Bishop of Cyrenia	
Sunday 3 <sup>rd</sup> March	9:00	Liturgy	Sunday of Prodigal Son	
	20:00	Evening prayers (on zoom)		
Tuesday 5 <sup>th</sup> March	10:00	Liturgy	Saint Mark the Ascetic of Egypt	Meatfare
Wednesday 6 <sup>th</sup> March	20:30	Evening prayers (on zoom)	42 Martyrs of Ammoria in Phrygia	Strict fast like usual
Thursday 7 <sup>th</sup> March	10:00	Liturgy	Venerable Paul the Simple, disciple of Venerable Anthony the Great	Meatfare
Friday 8 <sup>th</sup> March	17:30	Vespers (Jesus prayer)	Saint Felix of Burgundy, Bishop of Dunwich, Enlightener of East Anglia	Strict fast like usual
	20:00	Evening prayers (on zoom)		
Saturday 9 <sup>th</sup> March	10:00	Liturgy	<b>Memorial Saturday of Meatfare/Saturday of Souls</b>	Meatfare
Sunday 10 <sup>th</sup> March	9:00	Liturgy	<b>Judgement Sunday</b>	Meatfare
	20:00	Evening prayers (on zoom)		
Tuesday 12th March	10:00	Liturgy	Venerable Theophanes the Confessor of Sigriane	Cheesefare
Wednesday 13 <sup>th</sup> March	20:30	Evening prayers (on zoom)	Martyr Christina of Persia	Cheesefare

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Thursday 14 <sup>th</sup> March	10:00	Liturgy	Venerable Benedict of Nursia	Cheesefare
Friday 15 <sup>th</sup> March	17:30	Vespers (Jesus prayer)	Martyrs Agapius, Publius, Timolaus, Romulus, two named Dionysius, and two named Alexander, at Caesarea in Palestine	Cheesefare
	20:00	Evening prayers (on zoom)		
Saturday 16 <sup>th</sup> March	10:00	Liturgy	<b>Saturday of Cheesefare Commemoration of all our God-bearing Fathers and Mothers who shone forth in asceticism</b>	Cheesefare
Sunday 17 <sup>th</sup> March	09:00	Liturgy Forgiveness Vespers	<b>Forgiveness Sunday</b>	Cheesefare
	20:00	Evening prayers (on zoom)		
Monday 18 <sup>th</sup> March	19:00	The Great Canon of St Andrew	<b>Beginning of Great Lent;</b> Repose of Saint Nikolai of Zhicha	Strict Fast
Tuesday 19 <sup>th</sup> March	10:00	Lenten Hours	<b>First Tuesday of Lent;</b> Martyrs Chrysanthus and Daria, and those with them at Rome	Strict Fast
	19:00	The Great Canon of St Andrew		
Wednesday 20th March	19:00	The Great Canon of St Andrew	<b>First Wednesday of Lent;</b> Martyred Holy Fathers who were slain at the Monastery of Saint Savva	Strict Fast
Thursday 21 <sup>st</sup> March	10:00	Lenten Hours	<b>First Thursday of Lent;</b> Saint James the Confessor, Bishop of Catania	Strict Fast
	19:00	The Great Canon of St Andrew		
Friday 22 <sup>nd</sup> March	17:30	Vespers (Jesus prayer)	<b>First Friday of Lent;</b> Hieromartyr Basil of Ancyra	Strict Fast

	20:00	Evening prayers (on zoom)		
Saturday 23 <sup>rd</sup> March	10:00	Liturgy	<b>1st Saturday of Great Lent: The Miracle of the Boiled Wheat</b>	Oil and wine allowed
Sunday 24 <sup>th</sup> March	09:00	Liturgy	<b>Sunday of Orthodoxy</b>	Oil and wine allowed
	20:00	Evening prayers (on zoom)		
Monday 25 <sup>th</sup> March	10:00	Liturgy	<b>The Annunciation of our Most Holy Lady, the Theotokos and Ever-Virgin Mary</b>	Fish allowed
Tuesday 26 <sup>th</sup> March	10:00	Lenten Hours	<b>Synaxis of the Archangel Gabriel</b>	Oil and wine allowed
Wednesday 27 <sup>th</sup> March	19:00	Presanctified Gifts	Martyr Matrona of Thessalonica	Strict fast
Thursday 28 <sup>th</sup> March	10:00	Lenten Hours	Venerable Hilarion the New, Abbot of Pelekete	Strict Fast
Friday 29 <sup>th</sup> March	17:30	Vespers (Jesus prayer)	Hieromartyr Mark, Bishop of Arethusa, who suffered under Julian the Apostate	Strict fast
	20:00	Evening prayers (on zoom)		
Saturday 30 <sup>th</sup> April	10:00	Liturgy	<b>2nd Saturday of Great Lent: Memorial Saturday</b>	Oil and wine allowed
Sunday 31 <sup>st</sup> March	09:00	Liturgy	<b>Sunday of St. Gregory Palamas</b>	Oil and wine allowed

Zoom meeting log-in details:

Meeting ID: 282 828 0954 Password: 8TRDV9

<https://us04web.zoom.us/j/2828280954?pwd=ZGxMZlc4eHZVSTdhQ0FFY0xtNm81UT09>